Provincial

STONY

VOLUMP SEVENTERS

ROYAL CAFE, STONY PLAIN

FULL-COURSE MEALS, 25c. Up. FROM 12-2, and FROM 6-8.
Ice Cream, Soft Drinks, Confectionery. Fruit.

L. M. LARSON. Proprietor.

THE SERVICE GARAGE

USED CARS, GUARANTEED.

1931 PLYMOUTH SEDAN 1927 CHRYSLER COACH

1929 ESSEX SEDAN

1929 CHEVROLET COACH

1926 FORD TOURING 1928 CHEVROLET TRUCK.

These Cars have been Completely Reconditioned and are in Excellent Shape.

Sommerfield & Mayer, Agents for CHEVROLET and OLDSMOBILE CARS.

Agents for CHEVROLES AND OLDSMOBILE CARS.
Agents for British America Oil Co. and all its Products.
MASSEY-HARRIS AGENTS.
Used Gas. Engines and Used Machinery.

SERVICE GARAGE. Stony Plain.

Work Mast Be Found

Through jobs men and women are insured against privatior and kept off relief. Jobs enable them to hold up their head among their fellow-beings, to be self-supporting, to maintain homes, to educate and raise families.

homes, to educate and raise families.

With the exception of Alberta, the Dominion has made substantial progress in the past year in the matter of increased employment. In fact, 60,000 jobs have been made available to Canadians in II months, or thereabouts. On every hand—with the exception of Alberta—there is a definite upward swing in the employment pendulum.

What is our situation here? According to statistica issued for the week of December 12, 1936, Alberta had 2,694 more jobless than for the same week of 1935.

The fact is that the present policy of debt repudiation has not increased employment, but has increased unemployment. If our men and women are to be found jobs, as men and women are finding jobs in other provinces of the Dominion, the credit of Alberta must be restored.

This statement is one of a zeries written by The Morigage Loans Association of the Province of Alberta. The Association is composed of Member companies. It represents hundreds of thousands of small investments by 1 pricts Causadian. Its loans the clitents of Alberta amount to some forty-face million dollars.

(The eighth statement in this series will be published in two weeks)

Notes of Sport.

At the hockey game here on the night of February 25 between Walamun and S P. Seniors, the locals made a runaway game of it. Ken. McMorris was in goal for visitors, and he made a rather poor job of it, letting the puck get by him into the net only about 17 times. Louie Enders was in goal for Story, and the puck got by him once only. Fra:er Carmichael acted as referee.

The S. P. Snowsled and Skii Club are planning for

a big tourcament on Sunday afternoon next, if he roads

Capt. Fraser Carmichael took nis High School book Laps. Prasser Carminiant Cook his High Scheel hock-iste the City on Friday night and played a Junior team at an East End rink. Our team was short a man, and had to hustle to get the game fluished in their scheduled hour Albert Wudel was in goal for S P.H. and the puck got by him only once, while his team mates scored 2 goals on the City boys.

An Edmonton Junior hockey team, the Selkirks, played our S P. Hi team here on Sunday, and rut up a good game. Final score—Stony 6. Selkirks 3. Referee, Phil Enders. The Hi, boys Final score—Stony 6, Selkirks 3, play Selkirks tonight in Edmonto

WHEN IN NEED OF PRINTING, GET THE SUN'S PRICES FIRST.

Inga Elections.

In the contests for seats at the Inga Council board which took place in two divisions on Saturday February 27, the following is the

coult— Div. 4—A E Hopkins 69, Jan

Collingridge 39.
Div 6—John Staub 124, Thomas Robertson 84.

"Con" Is a Busy Man.

Captain Gosset, who arrive back last week from his trip to England, brought news of "Don" Carmichael, the boxer. "Don" is at present located in Hastings, a well-known sporting center. He has been successful in securing matches with several of the best known knights of the mits in that city. The first of these affaire takes place on Saturday next, Mar. the 6th. "Don's' many friends here have confidence that he'll

Jordan-Bauder.

A wedding ceremony was cele brated at the Parsonage of the St John Latheran Church, Blueberry, on Thursday, February 25, when Miss Ida Bander, daughter of Mr and Mrs Adolph Bauder, of Onoway, became the bride of Mr. Anten Jordan, of Villeneuve. The cremony was performed by the

Farmers' Program, Saturday

A special Farmers' program will be given in Kelly's Hall tomorrow Friday, March 5th. The first film, "Implements of Trday" is said to be an interesting one, including a picture of the mighty Niagara. Another film will show the endles uses of a good tractor. These and other films will be accompanied by explanatory addresses which fit into the pictures Friday will be Massey-Harris Day, and a hearty invitation is extended to every one

An Extraordinary Document.

(Edmonton Bulletin) sibility of court action against real estate dealers who draw up legal documents in con land sales was hinted at by Mr Justice Tweedie in supreme or last week during the hearing of a action brought by John Bowie, an Onoway district farmer, against Henry Zeiler of Stony Plain, to recover a quarter section of leased on option to defendant.

leased on option to defendant.
The agent who made the deal
draw up the agreement. The doou
ment was presented to the court
during the trial, and Mr Justice
Tweedie remarked that after reading it he did not know wh to it. was all about. It is a most extr

was all about. It is a most extra-ordinary document, he added.

The case arose out of sale of a quarter section of land for \$1760 to Zeiler. The purchaser thought he was signing an agreement of asle; the vender was under the im pression it was an option. The

document what the agreement was.

After hearing the evidence, the court ordered the cancellation of the greement and the return of the land to the owner, the plaintiff

HARDWICK'S

YOUR HOME TOWN STORE.

A New Walking Shoe for Ladies and Misses.

Tailored of good Black Side leather with clever perforations; medium walking heels with rubber lifts; sizes 2 1-2 to 7 1-2. \$2.50 pair.

Cotton Stockings.

For Boys and Girls; wear well; Sunbask shade. Sizes 5 to 6 1-2, 19c per pair; Sizes 7 to 9, 25 cents per pair.

Colored English Turkish Towels.

A husky everyday towel; deep cream shade; fancy colored pattern; exceptional value. To sell, each at 25c.

Men's Wide Web Garters.

A new, soft, rayod-covered web of first qualitp, with good strength and extra stretch. Price, per pair, 25c.

Dress Socks for Men.

A real "buy" in a low price Sock with rayon and cotton body; cotton ribbed tops, toes and heels; spring patterns; 9 1-2 to 11 1-2. 35c pair.

Grocery Specials-Lots of them.

York Brand Sausage; 23 cents per tin. B.B. Blend Coffee; economically priced; 25c. lb. Silver Web Toilet Tissue, 3 rolls for 10c. Crisp Sunland Sodas, plain or salted, 10c. pd.

Get It at HARDWICK'S.

AGENTS ALBERTA DAIRY POOL

MASSEY-HARRIS Special Farmers' Program. Talking Pictures Free. STONY PLAIN, Friday, March 5, at 1 P.M.

IMPLEMENTS OF TODAY."

Featuring One-Way Disc, Oil Bath Mower.

"The Tractor Triumphant."

Featuring Mighty Niagara; Apple Blossom Festival; Ted, the Obstinate Mule.

Instructive Discussions on Latest Machines. Illustrated with Film Slides, This Program Sponsored by

SOMMERFIELD & MAYER.

Local Massey-Harris Agents.

Come and enjoy an Entertaining and Profitable Time. EVERYBODY WELCOME.

Another Boom Coming ?

A warning against an impending boom must appeal somewhat in the eategory of an anomaly to Western Canadians at the moment, yet there are not lacking signs that what might ultimately prove a real disaster is in the making on the North American continent and more than one authority is predicting it and shaking an admonitory finger.

The attitude of admonition and warning is inspired by memories grand orgy of 1928 and 1929 and its reflex debacle when values we do dut overnight followed by a protracted and painful passage thro valleys of depression.

the valleys of depression.

Those who profess to see another boom in the offing, and some of them are eminent and authoritative economists and statisticians, are not fearful of an eminent and authoritative economists and statisticians, are not fearful of an eminent of the prospection of according to the application of sound business principles to production and distribution of needed commodities, but what they fear, and possibly with reason, is a repetition of the wild and unfounded enthusiasm which led to a mad scramble to buy stocks at fictitious prices, to a boost in the prices of commodities beyond their real value and to an unparalleled orgy of speculation, all more or less based on the desire of the participants to reap where they had not sown and to "get something for nothing."

To this spirit which raged across the continent like an unbridled prairier must be attributed the boom which preceded the "profound collapse of the autumn of 1929 and the severity and lengthy duration of the period of pentlence and suffering which ensued.

the autumn of 1929 and the severity and lengthy duration of the period of penlitence and suffering which ensued.

The question which is agitating the minds of exponents of safe recovery based on sound business methods is whether or not the victims of the depression from which the people are only just now emerging, have the proper and will heed the lessons which this season of trial should have taught them, or are they and their successors going to one more cast all discretion to the winds and again induige in a riot of speculation and inflation leading to another depression which may be worse than ever?

Hoping for the best but fering the worst, these authorities who are prophesying another boom and issuing stern warnings of the ultimate consequences should their fears be realized, are basing their conclusions on the fact that large sums of accumulated money are seeking an outlet, that strivelled munmies of the kings, now in the Cairo Museum way be the superabundant optimism and fortigetrioless of human nature which is superabundant optimism and fortigetrioless of human nature which is agent. It is city is too damp for munmies, as apt to make desire the parent of decision, to paraphrase a well known this legand, is the city is too damp for munmies. Replacing the mammines of the kings, now in the Cairo Museum, we be the superabundant optimism and fortigetrioless of human nature which is the superabundant optimism and fortigetrioless of human nature which is the superabundant optimism and fortigetrioless of human nature which is the superabundant optimism and fortigetrioless of human nature which is the superabundant optimism and fortigetrioless of human superabundant optimism and fortigetrioless of human superabundant optimism and fortigetrioless of human factors.

the superapolitant opinions and referenties or mainth matter when its oap it omake desire the parent of decision, to paraphrase a well known legend, and the property of the authorities who fears the imminence of a period of oversepannion, followed by a depression so severe as perhaps "to shake civilization" is Roger W. Babson, well-known business statistician. In articles on the subject he points out that the business pendulum in the United State has swung back to normal and outlines steps which the government of that country has taken in the hope of sterming the possibility of another business cataciyem, but questions whether the brakes will hold in the event of a runaway. the event of a runaway

Mr. Babson appropriately points out that legislative and regulatory safeguards are of doubtful value if they run counter to the mob spirit and is pinning his hope to a spiritual revival as a safety valve and effective researcher. Undoubtedly he is right in his belief that such a revival would

preventive. Undoubtedly he is right in his belief that such a revival would be far more effective than any man-made laws and control measures.

But no matter how neighbors across the line or residents of Eastern Canada might yield to the lures of an inflationary boom, no matter to what extent they may succumb to a temptation to "whoop it up again, it appears incredible that citizens of Western Canada could so soon be induced to participate, let alone aid in promoting another speculative debauch. The wounds and sores left by the last one must to be too fresh and tender for that.

No, it must be assumed that Western Canadians will be content enough to feel their feet once again firmly on the ground without trying to soar or precarious wings to dangerous heights, at least for some considerable time

No, it must be seem to feel their feet once again numbers of the first time manoeurs.

Inverted Stomach

Rare Operation Is Performed In A Montreal Hospital

A middle-aged woman was on the way to recovery in a Montreal hospital after an operation for one of the rarest cases of "upside-down stomach" in medical history.

Doctors said the 61-year-old splin-ster, whose name was withheld seemed to be progressing favorably toward normal physical condition following the 2½ hour operation that restored her stomach to its right position and corrected the position of the heart, which had been that restored her stomach to its right position and corrected the position of the heart, which had been the fact that we will be the second of the first time manoeuvs. The first time manoeuvs. The first time manoeuvs. The first time manoeuvs. The first time manoeuvs a first whose name was withheld seemed to be progressing favorably toward normal physical condition following the 2½ hour operation that restored her stomach to its right position and corrected the position of the heart, which had been the fact that we will be the condition of her heart, which had been the fact of the first time manoeuvs. The first time manoeuvs at the Bit of the programs is to survey every detail the sessentially "document of the dollar time and the programs is to survey every detail the session of the programs is to survey every detail the programs is to survey every detail the programs is to survey every detail the sessentially "document of the dollar times has already been the fact that we "feel of the dollar times has already been the dollar times has already been the dollar times have needed one," The producer is Commander J. L. Full the was already been the dollar times have needed one," The first time of the dollar times have needed one," The first time of the dollar times have needed one," The first time of the dollar times have needed one, and the dollar times has already been the dollar times have needed one, and the dollar times have needed on

started.

What made the case an extreme rarity, hospital authorities and, was the fact that the inverted stomach superarely developed in an other-times born with upside-down stomachs, but the medical men declared the occurrence of such a condition in a healthy adult was "most unusual." Concidians "lines" are to be submown to medical science, and the last giaht years, and most likely within the last giaht years, and most likely within the last year. Last August the patient suffered a fail, and it was believed an outgrowth of that.

Fine, delicate furniture should not be kept near windows, radiators, or any place where sudden changes in humidity and temperature occur.

How To Overcome Piles

Where doubt exists as to the pro-priety of any item, it will be re-ferred for final decision to the De-partment Director concerned.

New Field Crops Valuable

With an average yield of 9.1 bushels at an average yield of 9.1 bushels at an average price of 87 cents,
the 736,000 acres of Alberta farm
and sometimes, do not neglect the same or
all sometimes, do not neglect the same or
committee of the same o

Welding arcs burn at a temperature of 10,000 degrees, hotter than the sun. 2192 chipped cork.



returned to their tombs. Experts are unanimous that the climate of this city is too damp for mummies. Replacing the mummies in their original resting places in the famous Valley of the Kings is considered the happiest solution of the problem.

WAKE UP YOUR LIVER BILE-

And You'll Jump Out of Bed in the Morning Rario' to go The liver should paor out two pounds of Itsulfs ble into your lowest daily. If this bild is not flowing freely, your food doesn't dignet. It just decays in the breeks. Gas blosts up prices by the control of the control of the young the control of the control of the control sunk and the world looks punk. A mere boung how on the copie't always get

A mere bowerld is as point.

A mere bowerld move met doesn't always get at the cause. You need something that works on the liver as well. It takes those good, old Carter's Little Liyer Pills to get these two pounds of his flowing freely and make you make the hild flow freely. They do the work of caloned but have no calonned or necessry in them. Ask for Carter's Little Liver Pills by name! Stubbornly reduce anything else. 26c.

Has First Sketch Of London Tower

Has First Sketch Of London Tower Bridge On It
Has your tablecloth a sketch of the London Tower Bridge on it? It is has then send it to the City of London Corporation. When the plans for the bridge were being considered Sir Horace Jones, the city architect, sketched his idea on a blottingpad. Later in the day he went to a banguet and elaborated the tides by sketch-Later in the day he went to a ban-quet and elaborated the idea by sletch-ing it on the table-cloth. The blot-ing-pad which bears the first sletch of Yower Bridge is now preserved fit. He Guidhall. The table-cloth, too, was preserved, though what has be-come of it is a mystery. Now the Corporation is looking for the table-cith, which was used at a banquet in 1877.

Mount Rainier's glacier system greatly exceeds that of any other peak in the United States. Twenty-eight rivers of ice creep down its sides throughout the year.

the first Chinese woman to address a series of the first Chinese woman to address a series of the first chinese first series of the third anniversary of China's result first series of the third anniversary of China's result first movement—a plan she launched with Generalisstmo China's political leader for a moral reawkening of the country. Chinas "warlord era, with its attendant civil strife," she declared, "is nearing an end because public opin-ton opposes those who want to settle differences with the sword. National unity, is here because the people demand it.
"For a decade Generalisstmo

"For a decade Generalissimo Chiang Kai-Shek devoted himself to unifying scattered armed forces into a national army. Now he is seek-ing economic advancement."

Farmer J. Berg, of Dollard, Sa katchewan, started to dig a well be found he had a coal mine instead of his farm near there, 175 miles sout west of Regina. The seam is thr feet wide and of unknown dept But Berg is still looking for water.

from tree bark which is soaked in water and then beaten until pliable.

Kai-Shek Broad.
In Faultiese
Isla

Kai-Shek, China's
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country.
I er, with its ater, and the responsibilities.
Each Dominion Sensor
Each Dominion Senso

everyone else is putting their treas-ures into iron vessels can we afford ssels can we afford continually to keep ours in brittle earthenware jars?" he asked.

Makes Transport Safer

If Flying Conditions Over Air Routes Are Well Known

Ordinary prudence, to say nothing f the human element involved. a national army. Now he is seeking economic advancement."

She stated highways were the chief factor in the economic progress of factor in the economic progress of fixed and said motor buses now were busy in every province.

Still Wants His Well

Farmer J. Berg, of Dollard, Saskatchewan, started to dig a well but found he had a coal mine instead on his farm near there, 175 miles southwest of Regins. The seam is three feet wide and of unknown depth. But Berg is still blooking for water. real Star.

In Bolivia natives wear hats made com tree bark which is soaked in ater and then beaten until pillable. The United Kingdom consumes six lend, has during that time also been mes as much tea as it does coffee.



Warehouses at Calgary, Edmonton, Regina and Winnipeg

Reconstructed Bank Of England Is Said To Be **Empire's Strongest Building**

The reconstructed Bank of England—repository of the nation's gold—is being built to last 1,000 years.
When completed, experts says it will

some.

Miles of alarm where thread their way through underground passages of the bank, armed patrols are always through underground passages of the bank, armed patrols are always and a some some and a some devices are constant trap for the unwary.

Invaders of the vaults could be trapped and drowned at the touch of a button, for thousands of gallons of water can be poured into strong-rooms as a two-fold protection against burglary and fire. This water-system is controlled from three points—from a secret point inside the bank, from Scotland Yard, and from the governor's house 10 miles outside the city.

So 'strong are the 50 vaults that it has been estimated 100 cracks—men would take a full year to pentrate them, even if there were no guards or alarms.

There are long horizontal slita high up in the outer walls of the building; from which machine-guas could dominate the surrounding streets if ever a siege were attempted.

A gallery runs around the top of this wall where patrols could keep watch in a time of emergency.

Barkless Dogs From Africa

Are Cat-Like In Appearance And Will Growl Gently

Are Cat-Like in Appearance Ana
Will Growl Gendly
Barkless dogs—Basenjis from the
heart of Central Africa—have been
exhibited to London dog fanciers for
the figst time in any civilized land.
Great crowds assembled around
Bongo and Berike and their eight
pupples at Cruft's annual dog show
in Agricultural Hall, London, where
4,332 dogs, valued at \$5,000,000, were
chibited. The Basenjis were the
rarest breed there. They were
thought from Africa by Miss Olivia
Burns, who sold them at good prices
and was rushing more by airplane.
Generations of dusky masters,
who use them to chase game, taught

Generations of dusky masters, who use them to chase game, taught them not to bark. Finally evolution stamped out their bark altogether,

stamped out their bark altogether, although they growl gently. The Basenijs, hardly larger than a fox terrior, average about 22 poinds each in weight. Yet they chase lions and other fercotious game. Cat-like in appearance, they wash heier faces with their paws and arch their backs when angry. Carvings of amiliar dogs appear on the facades of Egyptian tombs.

Naojiro Kata, winner of the cham-plonship contest for the longest and most beautiful beard in the Japanese Empire, is five feet one inch tall, five inches shorter than his beard.

Confetti at weddings has been anned by the Rev. S. N. Dudley of incoln, England, who will permit ally rice to be thrown in his church.

Atlantic Air Liners

Attantic Air Liners

Attantic Air Liners

Attantic Air Liners

Another Benglioulity to least Joyo years.

When completed, experts says it will

with using impregnable and the
strongest building and strengthening the bank was begun in 1925.

For years workmen have toiled underground. Now the upper part of
the building is nearing completion.

A crackman would find his first
the building is nearing completion.

A crackman would find his first
the building sould be penetration
for a wall of solid concrete, 50 feet
deep and eight feet thick, between
him and the treasure in the vaults.

He would find each concrete block
'Reyed' to its neighbor—a defense
so strong that experts believe the
source and the source of the source of about 100 yards and a length of a
foot-traps which set alight touch
strong the source of the source of about 100 yards and a length of a
foot-traps which set alight touch
strong the source of the source of a source of steel, each weighing is
tons.

These, which open at a light touch
off you know the way—give direct
access to the treasure house. But
the step within the door brings
armed detectives running to
the scene.

Miles of alarm wires thread the
world without refuelling;
armed detectives running to
the scene.

Miles of alarm wires thread the
normal part of the surface
and adance hall.

These are the kind of planes Britthe world without refuelling to
the prophen and the source
that the provided the set

Foolish Speculation

People Of Small Means Should Keep
Out Of The Stock Market
A merchant told us the other day
of a customer who had just informed him that he would not be paying
his bill this month because the
money was going into oil stock.
From another quarter we heard of
a lady who had offered to sell some

From another quarter we heard of a lady who had offered to sell some property for a quarter its real value—to raise money for a flyer in the oil market. This, we think, its emphatically the sort of money that should not be used for speculation. There are people—such as the successful oil companies—whose anti- abusiness it is to prospect for oil. There are funds—such as the surplus savings of debt-free and prosperous citizens—which should quite property be available to finance such exploration. The tragedy of any boom is that it usually goes on long after the legitimate speculator has deemed the risk too great for him and got out. The cannon-fodder of the stock

The cannon-fodder of the stock The cannon-roader of the stock market are the little people who are tempted to go on and on for the very human reason that it is no much easier and more exciting to gamble than to save.—Calgary Herald.

Rocky Mountain Sheep

Car Startles Them Less Than A Man Walking Rocky Mountain sheep are steadily decreasing in the Park, at Banff, and Rocky Mountain meep are steamy decreasing in the Park, at Eanff, and where formerly there were hundreds of them to be seen in the winter time, now there are but two groups in svidence. One herd is to be seen on the west road about three miles from Bauff, and the other one ranges nearer town. There are seven sheep in this group and one strange fact noticed about these wild sheep is that they seem to be more afraid of a man on foot than they are of a car. At the first sign of a person approaching on foot they are off like a shot, down the mountain side and away up the west road on the gallots generally taking to the middle of the road for faster travelling.

Drinking water is apt to contain nore oxygen in winter than in sum-

Belief That Dies Hand

Most People Think Moon Has Some Mysterious Power Bellef in the mysterious power of the moon over mankind dies hard. Many doctors claim that the effect of the moon's rays is considerable, though the matter has been very little investigated; certainly many beliefs about the moon are still held here and there, says a correspond-ent of the Daily Mail, even in this

Ight of the moon without is superstitious quairm, and even doctors will say that full moonlight can have curious physical effects on auscepthic people. People still tales of sailors being found dead or blind from sleeping on deck on nights of full moon.

Few Can Manage it

About \$4.000 Required Yearly To Ontal Well Dressed Man
The average man should spend the average man should spend the sailors of the world reases of the should spend the sail to the control of the sailors of America. To demonstrate that \$4.000 Raymond Twysfort told delegates to the convention of the National Association of Merchant Tailors of America. To demonstrate what he termed a few of the "necessities" in the man's wardrobe, Twysfort point of the sail of the sail of the lonely Australian kookaburra what he termed a few of the "necessities" in the man's wardrobe, Twysfort point of the lonely Australian kookaburra thatin lining, and a strawberry out again goak with red and black striped trousers.

A Novel Footstool
Do you know that you can make

Proper Conservation Of Health Will Assist In Adding To Expectancy Of Life

ners Should Rotate Positio

beliefs about the moon are still held here and there, says a correspondent of the Daily Mail, even in this hard-headed age.

Most people distilies neeing the new moon for the first time through is passed glass, it is suppressed to bring bad hick. On the other hand, it is more wife to the other hand, it is more wife to the other hand, it is more wife to the other hand, it is proved to keep track of the rotations of the other hand, it is graden plans are kept grower to keep track of the rotations of the vegetables. Motes made to more the considered lucky to have seed it, as all to increase during the mounts it is lucky to turn your money over in your pocket when your seed in mone it is well to change or rotate the plants will near in your pocket at the new moon.

Country folk in many parts of England still wait for the new moon. Country folk in many parts of in your pocket at the new moon. England still wait for the new moon, before they plant certain seeds. believing that the plants will increase the set to move the plant the plants will increase to as the moon waxes, but will have to the move that the plants will increase the set to move the plants the plants will have been the moon is on the wane.

In Devonshire you are likely to be warred against cutting your hair and the grown of the week pread of insects and diseases. It is still with use the prevent expansion of certain food elleving the moon and the grown has a set to consider the plants will be the provent expansion of certain food the provent expansion of certain food

Viewed from the stratosphere, according to filers, this terrestrial spring seats of an old autmobilet? Sphere is a deep purple. You can be considered by the constraint of the stratosphere is a deep purple. You can be considered by the constraint of the stratosphere is an attach castors at the four caps of the constraint of the constra

With adequate community organization and personal discipline devoted to the conservation of health, the fostering of filness, the preventon of disease and the curing of illness, it is not too much to predict that acone day the expectation of life at birth may be 70 years—man's allotted span—states an educational message propared and released throughout Canada by the Health League of Canada.

Between a third and a half of the annual lilness in Canada is preventable, the Health League of Canada.

Between the Canada is preventable, the Health Canada is not the statill with our the people has increased in Canada as in other countries, the educational message reads. "We are becoming literally an older nation. This does not mean that our chances of living to 100 are much better. We are not living to more extreme old age than our fathers, but more of us are surviv-

When contrasted with conditions in the sixteenth century in Geneva when the average length of life was 21 years, these figures suggest that there are some advantages of being born in the troubled 20th Century. It will be readily seen that this average expectation of life at birth forms a most exact index of hygienic and social conditions. For example in England the average life expectancy in the past century has risen from 41 years (1856-84) to 59 years (1959). This rise is but the refaction of deaths pervented by the improved medical services, the new posicion and the services, and the example of the services of the services. The Canadian reports show a similar record of prolonged life. In Ontario, in 1885 the Provincial Board of Health had just been formed three years. A comparison between conditions then and after 69 years of organized public health, fifth the services of the lungs has been cut in more than half from 2,313 deaths in 1885 to 1,096 deaths in 1935. And these reductions were made while the provincial population doubled.

In Toronto in 1906, 850 babies died before they reached their first year. If they had been the improvement in our infant care.

Such then are some of the "silent victories of public health," but the lask is by no means over. Eleween is to 8, of the unusual liness in Canada.

guide us in its elimination:

1. Conserve heaths:
2. Foater Fitness
3. Prevent disease
4. Cure Ulteness.
With adequate community organization and personal disease
with adequate community organization and personal diseaselpline devoted to these ends it is not too much to predict that some day the expectation of life at hirth may be 70 years—manic alleted agent. And the glosy of this will not be in its length of years but in the foliaces of a healthy life.



road for faster travelling.

Assop created the idea for the embien on the American dinar. The moral of many of his stories was "in the moral of many of his stories was "in the rest of the stories of the simplest; just do a numbien on the American dinar. The moral of many of his stories was "in the rest of the stories of

There is no Alice Brocks pattern book published



WORLD HAPPENINGS BRIEFLY TOLD

Great Britain will greatly aug-ment her fire-fighting forces as a precaution against incendiary air at-tacks, the House of Commons was

The British labor minister decided to appoint a parliamentary commit-tee to study a plan for making paid vacations mandatory for all British

vacations mandatory for all British salaried workers.

Captain James Mollison plans to fly films of King George VI's corona-tion in May from London to New York, in a plane to be built specially for him, it was reported in London.

Benito Mussolini, as minister of war, has ordered a test mobilization of more than 1,000,000 men within the next few months, an official com-munique announced.

Windsor, Ont., forwarded to Wind-

Windsor, Ont., forwarded to Windsor, England, \$256 toward erection a memorial to King George V. In the English brough. More than 17,000 citizens contributed to the donation. Assurance of peace is needed for a lasting revival of world trade, Sir George Paish, British economist and international affairs expert, said in an address before the Montreal Canadian club.

Stephen Salter, of Ryde, Isle of Stephen Salter, of Ryde, Isle of

dian club.

Stephen Salter, of Ryde, Isle of Wight, has bought a new pair of boots as he enters on his 102nd year. He walks near his home every day. Once he was builder of the university racing "eights" of Oxford.

Tearing down an old be house on

Tearing down an old log house on his Brookdale farm near London, Ont., Russell Hardle found a coin minted just 100 years ago, a haif penny bank token issued by the prov-ince of Lower Canada.

A general labor shortage in the United States during 1940 was re-garded as "highly probable" by the national industrial conference board, provided business activity continues increasing at a rate equal to that maintained between 1933 and 1936.

Willing To Make Trip

Women Pilots Would Fly Coronation

A special trans-Atlantic airplane fat is being planned in order to sten delivery to North American tion-picture theatres of Corona-a films.

tion films.

Negotiations are proceeding with Amy Molition, Beryl Markham and other distinguished pilots, to undertake a flight to New York, according to Bir Gordon Craig, General manager of the company which has been granted exclusive rights to film the ceremonies on May 12 (British Movetens Movetens).

Unordered Merchandise

No Obligation On The Part Of Re-cipient To Return To Sender
Few persons have escaped the annoyance of receiving through the mails such articles as ties, socks, handkerchiefs and other merchandise samoyance of receiving through the samilar such articles as ties, socks, handlerchiefs and other merchandiae which they have not ordered and had no intention of buying, but which they stiller pay for, go to the extended they still the same of the

soon put an end to the nulsance, which is so detrimental to legitimate business. It is an impertinence to force unwanted goods on an individual in this way and there is aiready so much literature of an importunate nature coming through the mails, that it is distressing to contemplate the growth of this movement by which an attempt is made to disrupt the business of the atores and the ordinary channels of trading. It can be immediately seen that the consequences of accepting such a method would be highly detrimenfal to the welfare of the community.—Hamilton, Spectator.

New Scientific Discoveries

Mass Production Of Shoes That Really Fit Is Promised

Really Fit is Promised
Elimination of staleness in bread,
improvement of mass-production
shoes that really fit and dental fillings that last, are among the new
scientific discoveries described in the annual report of the department of scientific and industrial research in Britain.

The manner in which the quality of pork and bacon is linked with the growth and diet of pigs is also being studied. It has been found a rapid walk of a quater of a mile makes the pigs' tissues more alkaline and this has been found of importance in dry salt curing.

Through a process of gas storage in an atmosphere containing oxygen and carbon doxide, the luscious William pear, which remains in an eating-ripe condition only a few hours, can now be held in a marketale condition for weeks. The manner in which the quality

able condition for weeks.

The Flour Millers' Research As sociation reports that what housewife usually calls "staling" due, as a rule, to poor keeping quali-ties of the bread. Investigations have shown bread made in the best possible way from the best flour will keep for 10 to 12 days.

Girl Is Marine Engineer



for a cure.

One theory is that early in his life the boy received a shock which is now responsible for this nervous

An important point to remember is that it is not for want of trying that the child is unable—when he arrives at school—to talk, read, or

KIDDIES' CUTE PANTIE-FROCK EVER SO EASY TO MAKE! By Anne Adams



other distinguished pilots, to undertake a flight to New York according to Sir Gordon Craig, General manager of the companny which has been granted exclusive rights to film the ceremonies on May 12 (British Movistone News).

Copies of the films will also be despatched to North America on the day of the films will also be despatched to North America on the day of the Coronation. They will be flown to Frankfurt.

Mrs. Mollison and Mrs. Markham, both of whom have already compared the North Atlantic by air, have indicated their willingness to attempt the flight, it was stated.

Canada will receive its copies of the films will receive its copies of the films from New York by fast service.

The government of Northern Ireland has guaranteed \$1,00,000 to the films from New York by fast service.

A "cast" coin is made by pouring land has guaranteed \$1,00,000 to the number of the films from New York by fast service.

A "cast" coin is made by pouring and equipping the new aircraft factory at Befast.

SUNDAY SCHOOL LESSON

MARCH 7

LIFE HERE AND HEREAFTER THROUGH CHRIST

olden text: I am the way, and truth, and the life: no one cometh to the Father, but by me. John

Lesson: John 14:1-15:27. Devotional Reading: Ephesians 3 14-21.

Doctors Are Puzzled

Strange Case At Worthing, England, Is Something New
A den-year-old boy, strong and healthy, walks daily to school at Worthing, England.
He is intelligent, able to read write.
And the moment he arrives a school he is unable to talk, read or write.
And the moment he arrives a chool to be sumble to talk, read or write.
So interesting is his case that Worthing Town Council have made a grant of £150 to help in the search for a cure.

The Explanations And Comments
Christ the Consoler, were 1. The the Consoler, were 1. The the Consoler, were 1. The the Consoler, were 2. It was faith in the last crisis in their masters troubled, "let not trouble have don-healthy, walks daily to school at Worthing, England.
He is intelligent, able to read in the Father and the Son would uphold the disciples in that terrible could be a close the consoler, were a consoler, were a consoler, were 1. The the Consoler, were 2 in the last crisis in their masters troubled, "let not trouble have don-heart failed them as they approach—heart failed them as they approach—their hearts failed them as they approach—heart failed them as they approach—their hearts failed them as they approach—their

places.

If it were not so I would have told you (that your hope might not be in vain).

"Faith, Liope and Love were questioned what they thought Of future glory which religion taught;" Now Faith believed it to be firm-ly read, And Hope expected so to find it, too;

And Huge expected so to find it, too:
Love answered, smiling with unconscious glow,
Belleve? Expect? I know it to
Belleve? Expect? I know it to
Belleve? Expect? I know it to
He that hath seen had nearly
He that I you cannot do this, belevely that you cannot do this, belevely that had nearly
He that you cannot do
He that you

SELECTED RECIPES

SPICE BREAD

SPICE BIREAD

Temperature: 350 degrees F.

Time: 35 minutes.
% cup shortening: 1½ cups brown
% cup shortening: 1½ cups brown
sugar: 2 cups Royal Household flour;
1 tesspoon baking soda; 2 tesspoons sola
baking powder: ½ tesspoon nutmeg: % cup solomini 1 tesspoon nutmeg: % cup solomini ½ cup copped walnuts; 1½ cups raisins; 2
eggs.

ped walnuts; 1½ cups raisins; 2 eggs.

Cream the shortening and gradu-ally add the brown sugar which has ally add the brown sugar which has times the flour, so he ther five or six times the flour, so he there is a salt, cinnamon and nutmeg. Add alternatively with the sour milk to the first mixture. Add finely chopped nuts and raisins which have been dredged with flour. Bake 35 minutes in a moderate oven in ra-tional control of the control of the wall of the control of the control iding No. 1.

CARAMEL LUING No.

CARAMEL ICING No. 1

CARAMEL ICING No. 1

1 cup brown sugar; 1 tablespoon
butter; ½ cup ream; 1 tablespoon
codes; icing sugar;
codes; icing sugar;
covers sugar;
butter and cream in a frying pan.
Stir until sugar is dissolved and
bring to rapid boil. Bell two minsture exactly from the time the whole
mixture breaks into a boil. Remove,
mixture breaks into a boil. Remove,
stong coffee. Bell the begon
strong coffee. Bell the begon
sugar until mixture will spread
easily. sugar easily.

pe by Mildred Mac MacKenzie Copyright.

JELLIED SANDWICH SALAD

JELLIED SANDWICH SALAD

1 cup boiling water
1 Lemon jelly powder
1 Lemon jelly powder
2 cup mild vinegar
1 teaspoon salt
1 teaspoon salt
2 tablespoons echopped pimento
2 tablespoons echopped cobbage
2 cups shrimpa, or chopped cook2 cups shrimpa, or chopped cook2 cups shrimpa, or chopped cooked ham.
4 cup salt and pepper. Let stand until
partially set: add vegetables and
nak well. Four one-half mixture
into a loof pari, add filling of shrimps
into a loof pari, add filling of shrimps
into a loof pari, add filling of shrimps
of vegetable mixture. Let stand
of vegetable mixture. Let stand
until firm; unnold on a bed of lettuce and serve with Maxola dressing.

No one can make the poor rich by

To Alkalize **Acid Indigestion Away Fast**



People Everywhere Are Adopting This Remarkable "Phillips" Way

This Remarkable "Phillips" Way
The way to gain almost incredibly
quick relief, from stomach condition
arising from overacidity, is to alkalize the stomach quickly with Phillize the stomach quickly with Philyou take either two teaspons of
the liquid Phillips' after meals; or
vo Phillips' Milk of Magnesin Tablets. Almost instantly "acid indigesraid-headches"—from over-indulgence in food or smoking—and
anasca are relieved. You feel made
on Try this Phillips' way if you have
any acid stomach upsets. Get either
the liquid "Phillips' or the remarkthe liquid "Phillips' or the remarkTablets. Only 254 for a big box of
tablets at drug stores.



Gardening

Informal planting, say the experts, is the most suitable for the average for the most planting to a suitable for the average for the formal formal for the formal formal

Will Likely Be Smokeless

New Town Being Planned On Out-skirts Of Liverpool
If present plans are carried out a new town to rise on the outskirts of Liverpool, England, will be free of smoke. It is to have 5,000 houses built at a cost of more than \$5,000,-000, and sites are to be left for three 000, and sites are to be left for three churches, a moving picture theatre, seven schools, two shopping centres, and a playground. It is proposed that the houses shall be electrically heated so that there will be no smoke to interfere with the airdrome

Bullet-proof glass, costing \$2,000 for each coach, is being fitted in all first class cars of express trains of the South Manchuria Railway on the line running from Mukden to Antung. This policy has been adopted because of the many cases of shooting at passengers on this line.

It has been estimated that W War pensions will last at least

REALITIES MUST BE FACED IN BRITISH FOREIGN POLICY

London.—"Plain speaking" by Bri-tain probably would convince the United States drastic neutrality leg-lasation now under consideration at Washington is doomed to failure, a Labor peer declared during a foreign policy debate in the house of lords.

poncy decate in the house of lords. "I do not suggest that we should interfere with America's domestic legislation," Lord Straboigl said, "but this is a matter which affects the peace of the world... we've been thinking rather too much about Europe and not quite enough about the new world."

the new world."

"It is a mistake to suppose Americans only work on compliment and flattery," Lord Strabolgi said. "I believe they are glad to have plain speaking. I think the time has come for some plain speaking with the United States and I believe you will get a favorable response."

Lord Arnold, also a Labor peer, opened debate with a warning "real-tiles" must be the keystone of Britain's figragment with France and the latter's mutual assistance pact with Moscow.

with Moscow.

The peace of western Europe can best be safeguarded by a treaty of mutual guarantee, on the lines of the mutual guarantee, on the lines of the treaty of Locarno but not necessarily identical with it, the Earl of Plymouth, under-secretary for forigin affairs, said as he wound up the debate for the government.

France and Belgium already had provided from the company of the provided from the company of the com

France and Belgium already had replied favorably on such a treaty, Lord Plymouth said, but no answers had been forthcoming from Germany and Italy. He expressed satisfaction the non-intervention committee which he heads had reached a solution whereby the Spanish civil war would be confined within the Iberian peninsula.

peninsula.

He said Britain intended to remain He said Britain intended to remain faithful to the League of Nations and its engagements with France and Belgium. Britain's rearmament was necessary for "our interests and responsibilities in Europe," he said, and would never be used for purposes inconsistent with the league

Lord Strabolgi said "the American Lord Strabolgi said "the American senate is about to be invited to dis-cuss legislation of far-reaching char-acter connected with American neu-trality in case of war in Europe, or elsewhere. As far as I understand, the extreme view taken by certain senators is that should war or civil war break out anywhere, the United States is to sever all commerce alto-gether with both belligerents. "Quite frankly, I think that policy will be found, in practice, to be ut-

"Quite transity, I timix that policy will be found, in practice, to be utterly impracticable.
"I cannot see American business cutting off all their export trade merely because there is a war.
"Are we doing anything about that?" the peer then asked. "I should have there is the marked. "I should have the property in marked."

that?" the peer then asked. "I should have thought it perfectly proper of His Majesty's representative (Ambasador Sir Ronald Lindasy) to be discussing it with the American government."

Lord Arnold asserted Britain must peen her eyes to the fact the League of Nations no longer can execute the obligations for which it was created. He cited the "absolutely lilusory" character of collective security as another of the hard realities of the international scene.

Test For Dog Racers

Eight Teams Will Compete Farthest North Mushing Clas

Cameron Bay, Great Bear Lake, N.W.T.—Indian trappers, prospectors, N.W.T.—Indian trappers, prospectors, and the second se

Because of hard trails, glare and hummocked ice, experts call the course one of the most gruelling tests of dog racing.

Among the contestants will be a 15-year-old Japanese boy named 15-year-old Japanese boy named Morimoto, only known member of his race living in the Northwest Ter-

Morimoto is an experienced driver, engaged in driving prospectors of swings around the coast. He run seven Huskies.

Receive Equal Treatment

No Discrimination Shown In Relief Aid To Provinces

Aid To Provinces
Ottawa.—Financial assistance to
the provinces for relief purposes is
under the definite agreement there
be no discrimination as to race, religion or political affiliation, Hon.
Norman Rogérs, minister of labor,
told the House of Commons.
He was answering a question
raised by J. S. Woodsworth, C.C.F.
leader, over a report in a Montreal
mewspaper that would-be colonists
under a farm settlement plan were
refused because they held "advanced

refused because they held "advanced ideas." The Dominion's agreement with the provinces guarded against such criticism, the minister said.

New Airdromes Planned

Cost Provided For In Estimates For National Defence Ottawa.— Establishment of three airdromes was provided for in the national defence vote for air services considered in the House of Commons, Defence Minister I an Mackenzie said. One airdrome would be in Dart-mouth, N.S., and the others at points not yet decided upon. At least one not yet decided upon. At leas would be on Vancouver Island.

would be on Vancouver Island.
It was proposed to bring the total
strength of the air force, permanent
and non-permanent, to 513 officers
and 2,444 men. Of these the permanent force would include 195 officers and 1,498 airmen.

Protest From Postmen

Protest From Postmen
Ottawa.—Protest against mail deliveries on Saturday afternoon and
statutory holidays was made by the
Canadian Postal Employees' Association during the annual three-day
convention at Ottawa. The association also will ask for a return to
the working hour schedule in effect
until 1932. Prior to that date employees on nights worked seven
hours.

Holds First Investiture

London.-The king held the first London.—The sing investiture of his reign at Buckinginvestiture of his reign at Bucking-ham palace, conferring insignia on 150 persons mentioned in the New Year's honors list. Following the in-vestiture the king received in audi-ence Hon. Vincent Massey, Canadian high commissioner, and Captain H. P. C. Brookshank's secretafy for mines.

VISITS UNITED STATES



Ethiopians Executed

Ethiopians Executed

Strong Arm Methods Used To Quell Anti-Italian Orthreaks
Rome. — Machine-gun outposts were strengthened at the Ethiopians tity of Dessye to guard against further anti-Italian outbreaks white arms continued apace in Addis Ababa.

The precautionary measures were taken in the face of assertions by Italian colonial officials the Fascists of the were undisputed masters of the were undisputed masters of the were undisputed masters of the region. They chaimed, in Italy's grip and that she year region. They chaimed, in Conferes were prepared to ask the federal government for ald being the remaining tenth.

Officials admitted, however, and column of 3,000 Ethiopians under Ras Desta admitted, however, and column of 3,000 Ethiopians under the conference were wheat-producing area, and the column of 3,000 Ethiopians under the column of 3,000 Ethiopians under the column of 3,000 Ethiopians under the column of 1,000 and 1,000 and 1,000 area where Nicholmon land now is damaged seriously by wind croston, the column of 3,000 Ethiopians under the column of 3,000 Ethi

Safety For Flying

Northern Planes To Be Equipped
With Two-Way Wireless
Edmonton.—Two-way voice wireless equipment probably will be installed by Royal Canadian Corps of
stignals at Chipseyan, Alta, and
Goldfelds, Sask, early this spring in
neffort in Greenee sefety, and an

Home Improvement Plan

Approve Principle Of No Increased
Taxation On Improvements
Ottawa—The national employment
Ottawa—The national employment
Ottawa—The national employment
Ottawa—The national employment
Individual of the principle residential property assessments should not be increased because of ordinary home improvements
under the home improvements under the home improvement
of the principle of the principle

Arthur B. Purvis, commission chairman, sent letters to all provincial premiers stating success of the H.I.P. depended to some extent on The recent visit to the United States of Walter Runciman, President on the British Board of Trade in connection with the long-pending trade agreement between the United States and Great Britain caused considerable interest.

Covers Four-Year Period

Anglo-Canadian Trade Treaty Re-newable After That Time London.—The Daily Herald said it is understood the new Anglo-Cana-dian trade treaty will cover a minimum of four years and that it is re newable at the end of that period.

Goldfields, Sask. early this spring in newable at the end of that period. an effort to increase safety and accuracy in northern commercial fing, it was announced here by Major ing, it was announced here by Major ing. It was announced here by Major in the state of Edmonton.

Many commercial planes operating out of Edmonton as well as R.C.C.S. vious that the Yorkshire woollen instations at Fort McMurray, Alta., its was been equipped alpready with two-way voice apparatus.

Toronto.—Hon. David Å. Croll, who made the Dionne quintuplets virtually millionaires in two years, moved in the Ontario legislature to turn over his job as special guardian or business manager — to new hands. The change will take place April 30.

"The only fame which comes the quintuplets' manager is sometime to the quintuplets' manager is sometime."

U.S. Dust Problem

are charman, Junge Jr. A. value,
North Bany, Dr. Allan Roy Dafoe
and Oliva Dionne.
Announcing for the first time that
the government and Mr. and Mrs.
Dionne at last were in agreement
upon the value of a guardianship,
Mr. Croil said:
—There was at the time criticism
of the method the government followed in the 1983 legislation. The
parents in particular were inclined
to regard the bill as a thet of their
children. I am happy to say they
have changed their opinion on this
point. Mr. Dionne is to-day one of
the keenest advocates of some form
of continued governmental protec-

of continued governmental protection and assista Shell Hits British Ship

GUARDIAN SAYS

DIONNE QUINTS

HAVE A FORTUNE

the quintuplets' manager is some-thing like the reflected glory enjoy-ed by a movie star's husband," Mr. Croll explained to the house which

two years ago put him on the board of guardians as the king's repre-

entative.
"I have this much vanity—I prefer "I have this much vanity—I prefer my work as administrator of the departments of welfare, labor and municipal affairs, rather than as contact man for five small girls, no matter how successful a one," he

added.

He told the legislature his two-year stewardship brought the Cal-lander babies a fortune in money. He was glad to say Oliva Dionne, father of the quints, who opposed the guard-ianship and its control over the chil-dren's affairs, finally has come to favor the arrangement.

favor the arrangement.

Percy D. Wilson, Ontario's official

guardian whose duties include ad-ministration of minors' estates, will

succeed Mr. Croll on the board. Other members retain their positions. They are chairman, Judge J. A. Valin, North Bay; Dr. Allan Roy Dafoe

Spanish Anti-Aircraft Shell Falls On

Spanish Anti-Aircraft Shell Falls On Battleship Royal Oak London.—Explosion of a Spanish anti-aircraft shell square on the quarterteck of the British battleship Royal Oak injured four officers and a seaman and aroused some concern lest other such "incidents" mar a six-power neutrality patrol of the Ibe-rian peninsula.

The shell apparently came from a

The shell apparently came from a The shell apparently came from a Spanish government anti-aircraft gun which was fitting on the attacking planes. Captain T. B. Drew, three other officers and one seaman aboard the Royal Oak were slightly hurt by shell splinters. None, it was announced, was "incapacitated." Later the battleship put out to sea. Authorized sources said the government contemplated no protest, since the incident, technically speaking, was "more or less an act of God." They explained the Royal Oak was lying just outside Valencia harbor, and that there was, obviously, no Spanish intention to damage it.

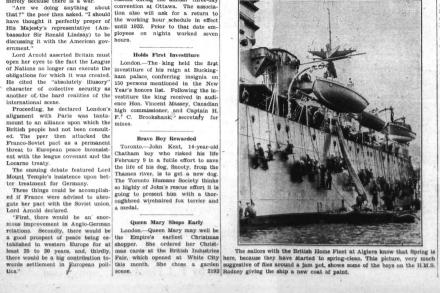
Loyal To King George

Indian Princes Declare Fealty At Meeting Of Chamber

Indian Princes Declare Featly At
Meeting Of Chamber of
New Delhi. — The Chamber of
Princes decided to send King George
VI. a "profession of profound and
steadfast loyalty to his person and
the throne from all the ruling princes
and chiefs of India."
Meeting to discuss the proposed
all-India feederation, the Chamber
was addressed for the first time by
the new viceroy, the Marquess of
Linlithgow, who said he was encouraged by the response of the princes
to his efforts to assist them to reach
a decision on the proposed federation
as soon as possible. as soon as possible.

He admitted that conversations be

He admitted that conversations be-tween his emissaries and the princes had thrown new light on many sides of the federation question but hoped that in the not distant future satis-factory conclusions could be reached He stressed the importance of early decisions.



PAINTING THE FLEET

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Thursday, March 4 1937.

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Holborn district. Apply For Sale, Building Logs, spruce; any length and size. H Giebel-

hause, Stony Plain. ge For Sale-House on Third ave. Stony Plain; 5 rooms, barn, well. sell reasonable. Phone 16. h.h.

NOTICE!

MORE ABOUT THE HERRING.

A good way of serving Herrings is "Kippered Herring Salad": Mix 1 cup of diced kippered herring, 1 cup of cold potatoes cut in cubes, 1 small chopped onion, half-cup raw carrots, salt, pepper. Mix with mayonnaise. Serve on lettuce leaves with mayonnaise. Garnish with FARMERS' MEAT MARKET. sections of hard boiled egg cut in eighths. Sprinkle with paprika.

For grilling, prepare the fish in the same way as for frying, that is, cut off the head and fins, clean and scrape off the scales.

Then score them 3 times on each side, brush them over with olive oil or melted butter, sprinkle with pepper and salt, and grill them for 10 minutes or longer, according to Serve with maitre d'hote butter.

If mustard sauce is preferred, brown a dessertspoonful of flour in the oven and mix it with a teaspoonful of mustard and an ounce of melted butter in a saucepan. When it's smooth add a half cup of boiling water and simmer for 5 minutes. Then add a pinch of salt and vinegar to taste and serve.

For herring au gratin the fish is prepared as for frying and also split open and filleted. Well butter a fireproof dish and sprinkle the bottom with chopped parsley, finely chopped shallots and mushrooms, pepper and salt.

Score the fish, lay them on the dish and sprinkle some more of the same mixture on top of them.

Add a sprinkling of fine bread crumbs, dot some pieces of butter over, moisten the dish with a little water and dash of vinegar and cook in a moderate oven for 20 minutes.

Soused herrings make an admirable breakfast dish and may be eaten cold. These are very simple to prepare. Clean 4 herrings, remove the heads and fins and scrape off scales. Lay them in a fireproof dish and spread over All accounts payable to Stony
Plain Telephone Co. are to be paid
to the undersigned at Sommerfield
& Mayer Garage, Stony Plain.
pt Edw Mayer, Secretary

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FRESH MEATS OF ALL KINDS. DRESSED POULTRY.

CATTLE AND HOGS BOUGHT EVERY DAY IN THE WEEK.-HIGHEST PRICES PAID PHONE SEVEN. STONY PLAIN.

A GOOD ROAD AND A NEW CHEVROLET SIX FOR REAL PLEASURE.

Wherever You Find Autos, there You Find a New Chevrolet Six.



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The new Sunlight Soap—is the same pure, quick-dissolving soap that has lightened the wash-day burden of millions of housewives . . . the only soap with a \$5,000 guarantee of purity . . . easy on the clothes and hands. Ask your dealer for the new, larger Sunlight bar and eave money.

Empress Winter Golf Tournament



while the rest of Canana is showling itself out of water golf tournament of an international character will be in the shipt, where mark of the social course at Victoria, B.C., free said on the sunny nouthern the formal Ball on Saturday Course at Victoria, B.C., free said of the sunny nouthern the formal Ball on Saturday Course in the sunny nouthern the of Vanciurament, now in its indicated the sunny nouthern the order of the sunny nouthern the other states and the sunny nouthern the sunny nouthern the sunny nouthern the other states and the sunny nouthern the other states and the sunny nouthern the sunny nouthern the sunny nouthern the other states and the sunny nouthern the sunny nouthern the sunny nouthern the sunny nouthern the other states and the sunny nouthern the social states and the sunny nouthern the social state

THE WORLD'S GOOD NEWS

THE CHRISTIAN SCIENCE MONITOR

An International Daily Neurstager or you the world's clean, constructive doings. The Monitor polit crime or sensation; neither does it ignore them, but clively with them. Features for busy men and all the uding the Weekly Magazine Section.

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finished loal.

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For 50 years, Royal has stood for high-est quality. Today, 7 out of 8 Canadian housewives ask for Royal when they but a dry yeast! They know it's reliable. Don't risk baking failure with uncer-tain yeasts. Always ask for Royal.

Send for FREE booklet



BUY MADE-GOODS

Standard Brands Fraser Ave. & Lif Toronto, Ont.		št.	
Mease send me Yeast Bake Book	the	free	Roya

The Oldest Photograph
Believed to be the oldest photograph in the world, a Daguerrectype taken in 1837 is included in a photographic exposition which opened in Versalies, France. The picture shows the heads of several children.

Merchant vessels under construc-tion in the United Kingdom and Ireland at the end of September reached the highest quarterly total since September, 1930.



Thou Shalt Not Love

- A NOVEL BY -

..... CHAPTER XVIII.—Continued

The doctor smiled on her benig-nantly. He had noticed her new wed-ding ring when she had stripped the gloves from her slender fingers.

"I had hoped you would come back
... I have often wondered since what happened to you. However, judging by that"—be indicated her shining ring—"you evidently took what advice of mine you were able to get through your head. You've found your vital interest in life, it would appear; your saving interest."

round your vital interest in life, it would appear; your saving interest." Starrs head was in a whirl. She hardly dared to believe what her own ears heard, this wonder story, that was coming so casually from the lips of the man she had so long believed had condemned her. She leaned for-

of the man she had so long believed had condemned her. She leaned forward, eyes pleading, her body tensed. "You—you mean there's nothing the matter with me?" she asked through lige that quivered. He smiled, and his shoulders shrugged careleasly. "Offhand, without—any thorough examination, I would say that you are just about as normal as any young woman of your age. A little too thin, too pale, perhaps. Anaemic. Or it could be from worry. . . ." He bent over his desk, looking her straight in the eyes, as his capable fingers tapped on his desk in emphasis. "Young lady, I don't know much about Egyptian history. I know, less of this particular superstition that has been playing hob with you. But I do know that the most potent factor of any superstition is the effect it has on the mind of its victim. When you believe a thing with all the strength that's in you, it's quite likely to come true. That's all there is to it, and in your case you were making it come true. Curse of Tut-Amen-Ra—bunk?"

§SERT/seld, in a still small voice of one who was trying to reconcile a

"Starr said, in a still small voice of one who was trying to reconcile a miracle: "But my father? John Les-sing? Thev—"

They-

"That man who died on the night the tomb was opened—Lessing, did you say his name was?—died of a tropical fever which mist have been coming on for some time, and would no doubt have taken him anyway, an elderly man, a scholar of sedentary habits who could not stand much stremous outdoor life. Moreover he had delived into Egyptian lore so long that it was inevitable it would have its effect on him. Superstition and grief over the death of his friend preyed on his mind, until he became obsessed with the idea that he would be the next victim. He was the victim of his own terror. Something like that was happening to you, but you seem to have outgrown it to a great extent, if not entirely. Thank heaven for that!" He smiled again as he straightened up. "And see that you don't go on any more digging trips to Egypt. . . Hmm, that country's as full of supersittion this day as it was five thousand years ago. Tve heard that they even believe in the prophecies of those sand diviners of theirs." "That man who died on the night

theirs."
Starr smiled at him, her eyes reminiscent. "We saw one once," she told him. "My father did not believe him. "T'il never forget what he told me afterward—Love is the only true diviner. You'll know that when the time comes." Her volce dropped to a whisper, but there was foy in it. "It think I've discovered he was right."
Dr. Morgan nodded emphatically.

right." Dorgan nodded emphatically.
"He was right, my dear young lady
... Quite right."
It took a long time for all that the
doctor had said to Starr to sink into
the dazed girl's brain. Then a sense
of wild electron aware her like a wasel. the dazed gird's retar to sank moo of wild clation swep her like a magic fame. As the doctor explained it all to her, it seemed so simple, so natural. Yes, he was quite right about her, too. She had fied from his office like one possessed on that long-age day, waiting to hear nothing more than: "You won't live another six months."

If only she had waited, and talked the matter over with him then! What pain and terror she would have been awed! But, on the other hand, if she had, the whole course of her life would have been different. She

How to EASE a COLD



TWO SIMPLE RULES

ITWO SIMPLE RULES
Instead of buying costly medicines
for a cold, try the way almost any
decident of the state of the state of the state
of the state of the state of the state of the state
The way you use it is this: Two
"Aspirin" tablets the moment you
feel a cold coming on, taken with a
full glass of water. Repeat, if necessary, according to directions in package. If throat is sore, gargle with
tree "Aspirin" tablets in 5; glass
of water for almost instant relief. The
and pains of a cold and the cold itself. Relief comes quickly and you
have wonderful comfort.

"Aspirin" tablets are made in
Canada by the Bayer Company, Limited, of Windsor,
Ontario.



ASPIRIN

might never have met. Michael!
She had worked out her own salvation, even though she had plumbed the depths of human suffering. She was free. Free to live, to love!
It was with that idea singing in her heart, a psean of joy and gladness, that Starr, her cheeks tinging to a delicate flush, put another question to the doctor who had brought back life to her. He smiled again as he got up and went to the door. He opened it and said to the competent young woman in a nurse's uniform:
"Please take Mrs. Fairbourne into the examination room, Miss Walker."
It is with you presently."

days she had faced death alone in a somber New York rooming house he had believed that she was in Lance's

had believed that she was in Lance's arms.

Swift alarm cast a darkening shadow across her excitement. She should have made some arrangement to let him know the fruth before he saw her. She should have written him of what she had really done, let him know of the curse of Tut-Amen-Ra and what it had so nearly done to her and to him. There was still to be explained those anonymouse letters which had come. They were a greater mystery than ever, but somehow, they, too, could be explained, she felt sure.

The great problem facing her was:

The great problem facing her was low would Michael receive her

How would Michael receive her? Would he and she ever be able to find understanding again?

Using her own key, Starr silently entered the pent-house apartment. And at the sight which met her eyes the very spirit seemed to leave her. Too late!

Too late!

Michael was standing there in the centre of the long, low living room with Stephanie Dale. Both of his hands gripped Stephanie's shoulders; his eyes burned intently into hers.

He was saying in a strange voice:
"It was you all the time, Stephanie. How could I have been so blind?"

Starr's knees trembled weakly and the room blurred in odd dancing lights before her vision. She swayed, the room burred in odd dancing lights before her vision. She swayed, clutching at the tapestry curtain for support. Too late! Of course. It had been Stephanie all the time. His affair with Starr had been an emotional spree. A mad play-marriage which could never last. And in the few days of her absence he had come to realize it. He wanted Stephanie! Starr knew there was but one thing left for her to do now. She must go away again quickly—and sliently. And then in that moment, just before the tapestry curtain dropped over her still white face, Michael saw her. He cried her name increduously: "Starr!"

incredulously: "Starri".

The an instant all was confusion.

In an instant all was confusion.

Michael was at her side in two leaps.

He picked her up and carried her inside the living room. His arms were holding her. He was kissing her on the start of the start of

have enough.
Somehow, in the excitement, Steph-

tion to the doctor who had brought thack life to her. He smalled again as he got up and went to the door. He back life to her. He smalled again as he got up and went to the door. He opened it and said to the competent young woman in a nurse's uniform: "Please take Mrs. Fairbourne into the examination room, Miss Walker. Till be with you presently."

It was a woman who feit as it as he had been newly born into a world that was the epitome of joy and gladness who made. her way through the busy city, atreets, headed of for her own peathouse apart-ment. A woman with golden glory racing through her veins. Her head was up proudly. Eyes and lips laughed their sheer joy into the face of the world that suddenly was a marvelously glad, happy place—all of the world that away with prosals words, but Starr Enlison Fairbourne knew that it was a miracle.

She was free! Free of the dread that for years had made life a night mare. Free—and she was going to hers that it was a miracle.

It was all so joyous that not until she stood on the threshold of her house from which she had field did the stood on the threshold of her house from which she had field did the stood on the threshold of her house from which she had field did the stood on the threshold of her house from which she had field did the stood on the threshold of her house from which she had field did the stood on the threshold of her house from which she had field did the stood on the threshold of her house the house from which she had field did the stood on the threshold of her house from the house



BROKEN

GIN PILLS FOR THE KIDNEYS 269

you're real, and won't slip away from
me again if I shut my eyes." Then
he said what a moment before had
been in her own mind. "We have a
lifetime ahead of us for explanations,
sweetheart!"
A lifetime ahead! The glory of it!

A lifetime ahead! The glory of it! Before Starr's eyes passed an imag-inary parade. A parade of dream children, who now could be real. Sturdy little men with clear gray eyes like Michael's. Little giris— like herself!

Little Helps For This Week

The kingdom of God is within ou. Luke 17:21.

Lord, take this heart that I would give Forever to be all Thine own; I to myself no more would live, Come Lord, be Thou my King alone.

The work assigned to the individ-ual soul is to have life in itself, to make its own sphere, whatever it is, sufficient for a reign of God within itself, thankful if with the place and companionship given to us we are itself, thankful if with the plage and companionship given to us we are companionship given to us we are permitted to build an earthly home of grace and goodness, a knone like a temple. But if this should be denied us then we may be able to build is knone where God shall reign for curselves at least, that we shall not break with our wills, and whether joyful or struggling with perplexity we shall know His will. Is law and submission will ever spring from communion of spirit and loving trust.

If One Knows How
So far, 1937 seems to have defied
analysis. There is, indeed a concealed thirteen in it, and-for whatever it may forebode—the sum of
the first half is equal to the sum
of the second half. What is obviously more alarming is that it is
divisible by 13, and, so has not even
the virginal merit of a prime number. But one never knows what
mysteries lie behind apparently innocent numbers. Sir Gowland Hopkins said recently that physics was
haunted by the number 137. And
Professor Cl. H. Hardy tells of a visit
he paid to an siling mathematician,
mentioning canality that the number
of his taxi was 1729—"which seems
to me rather a dull one." "On the
contrary," was the reply, "it was a
very indexedring one: it is the smalleduced in two different ways."—London Observer.

Hotstebles bring out the best those So far, 1937 seems to have defied

Hardships bring out the best there is in people, so it is fortunate there are enough hardships to go round.

Tiger cubs train their eyes and paws by playing with their mothers' tails.

Need Building-Up?



Early Custom Lingers On.

Early Church Started Fish Habit which Perists to This Day,

Fishermen from the Atlan tic to the Pacific are hopeful that the present effort of the Canadian Government to promote the consumption of Can adian fish will result in people eating more fish thruout the week

Tho fish has been eaten as a food since prehistoric times, the early Christian church decreed that no meat should be eaten on Fridays or fast days, but that fish be sub-From that arose a prac tice which has present and has led people of every denomination to wlate fish with Friday often to e virtual exclusion of other days

Leading executives of the fishing industry claim this habit is not only harmful to the industry but is robbing people of many advant-If people eat more out the week they would be assur-ed of fresher fish. The increased demand for fish would give an impetus to the whole industry.

Not only the fishing industry but the medical profession are be hind the move to encourage people to eat more fish thru the week. Many medical columnists of newspapers have gone on record as to as to the nutritive and healthful With its richness in proteins, minerals and other eleents, they say, fish is an important article of diet, as nourishing as other foods and more easily di-

C. N. Train Service.

Trains from the East arrive ere on Sunday, Tues., Thurs., at 1.32 p.m

Trains from the West arrive here Sunday, Wednesday and Friday at 6 23 p.m.

Open Seasons for Game. Ducks, geese, Sept. 16 to Nov. 1

Hungarian Partridge, Oct. 1— Nov 30. South of N.Saskatchewan Pheasants and Prairie Chicken-No open season.

er, moose, Nov. 2 to Dec. 14 Mink, martin, otter, Nov. 1-

Muskrat, Mar. 1 - April 30. South of N. Saskatchewan river, no open

Sunday Shooting is prohibited. Game licenses and trappers es may be procured at The Sun

The Market Report

No. 1 Northern 1.	10
No. 2 Northern I	06
No. 3 Northern 0.	99
No. 4 Northern 0.	95
, TATE.	
2 C. W	42
3 C. W	40
Extra 1 Feed	40
No. 1 Feed	39
No. 2 Feed	38
BARLEY	
No. 3	63
No. 4	58
TO COLOR DE LA COL	

Inga M. D. Poundkeepers.

Poundkeeper — Mr. Peter Swar Post Office, Stony Plain. Poun lecated on N.E. 9, 52, 1ws.

Poundkeeper—Mr. Jacob Gasch-nitz. Post Office, Duffield. Pound located on SE 5, 52, 3w5.

Poundkeeper — Mr. D. McDouald. Post Office, Carvel. Pound located on SE. 28, 51, 2w5.

Stony Plain and District.

Stony Plain Town Council meets tonight, the 4th.

Mr Paul Comisarow arrived up from Viking early Monday morning.

The officers and members of Stony Plain Rifle Club are holding their annual dance in Kelly's Hall tomorrow night, March 5th.

BUTTER AND EGGS WANTED at The Royal Cafe.

Spruce Grove News.

Mr William McLeod entrained for Charlottetown, P.E.I., last Saturday evening, Feb. 26. He will spend a short vacation there, visiting with relatives and renewing acquaintances.

Mr. Les. Wilbee, Edmonton, has again resumed hi his duties as an employe at the B-A service station

In the election for Councillor in division Six, Councillor Andrew Jesperson won over Jacob Brox by one votethe vote standing: Jesperson 108, Brox 107, with 2 spoiled ballots.

CARD OF THANKS-Mr Jacob Brox wishes to thank all his friends for the splendid support given him on the occasion of the recent municipal contest in Division 6.

Mr Mathias Goebel, the well-known and popular garageman, was receiving the congratulations of his friends on Wednesday, the 24th, the occasion being the 50th anniv ersary of his natal day.

Mr Joseph Weismontel arrived in from Westlock on Friday night.

The meeting which was to have been addressed by School Inspector R J Scott at Michael School has been postponed until road conditions improve. The topic for discussion is to be "The proposed new large unit of administration of schools."

Saturday was Hamburger Day at the Grove, to celebrate the opening of the new Callihan Restaurant, one door east of the old stand. Commencing at 3 p.m. there was a constant stream of orders for hamburgers and Java, the entire staff being kept busy supplying the guests. The free treat to all and sundry was greatly appreciated, the entries in this class coming all the way from Edmonton and Stony.

The many friends of the family heard with regret of the death on Friday last of Mrs Annie Schumm, wife of John G Schumm. Deceased was in her 69th year, and had been a resident of the district for the past 36 years. She leaves to mourn her loss, besides her husband, 2 sons Alfred and Edwin; 3 daughters Mrs N Schmermund, Mrs W Morris and Mrs M Strube. The funeral service was held Tuesday; the service being conducted by Rev J Bergbusch, pastor of St Matthew's Church, Spruce Grove. Interment was made in Spruce Grove.

Spruce Grove district was well represented at the Oldtimers' dance at the Macdonald last Thursday night.

It Is to Laugh.

Edmonton Journal-Whether he will attend the coronation og their majesties the King and Queen ln London, England, on the 12th of May as Alberta's representative, has not yet been decided, Premier Aberhart said Tuesday,

"Where will you be staying in London, providing you go ?" he was asked.

"I don't know yet," he replied. "I hope to be at some place where there are no newspaper reporters.

Alberta's Sixty-day Moratorium.

The Province of Alberta's moratorium on private debts for a period of sixty days came into effect by proclam ation on February 25. The moratorium suspends payments on mortgages and other private debts for the period stated and forestalls actions to bring about foreclosures. moratorium applies to private debts contracted prior to Jan. 1st, 1936.

YOUR CONTRIBUTIONS IN CASH **CLOTHING OR FOOD**

WILL MEET THE GREATEST POSSIBLE NEED IF SENT THROUGH

MAN WANTED for Rawleigh Boute of 800 families. Write today. Rawleigh, Dept. WGR. 96 SA. Winnipeg, Man., Canada. Leave Contributions at Hardwick's Store.

Bad News for the Covenanters.

Social credit constituency organisations will be asked to decide wnetner Premier Aberhart will continue in power or resign. The Premier told his supportess Sunday from the pulpit of the Prophetic Bible Institute in Calgary he had been unable to redeem his election promise to establish social credit in Alberta in 18 months. He asked them to pass resolutions at constituency associa

tion meetings, advising whether they wished him to resign.

When interviewed in connection with Mr Aberhart's admission on failure, John Blue, secretary Chamber of Commerce, Edmonton, is quoted as saying "It is gratifying to realise that experience in office is showing the Premier the inexorability of the laws of logic and eco-

FARMERS' INTEREST IN TRANSPORT RATES IS HELD TO BE PARAMOUNT.

Appeal to the Dominion Government to consider the interests of the farmers as paramount in legislation relating to grain transportation rates now before Parliament was made at Winnipeg recently, in a telegram forwarded to Hon C D Howe, Minister of Transport, by the Northwest Grain Dealers' Association The message dispatched to the Govern ment by the Line Elevator Companies who comprise the membership of the Northwest Grain Dealers' Asse'n, reads:

"With reference to proposed Act to establish a Board of Transport Commissioners for Canada the Country Elevator Companies who are members of this Association and whose customers cemprise more than 50 p c. of Western farmers respectfully draw Government's attention to danger that the fixing of uniform rates for steamship companies upon Great Lakes will tend to limit competition presently beneficial to cost of movement of Canadian grain and particularly to possibility of additional burden upon Western farmers due to increased freight charges. Earnestly recommend that interest of hard pressed Western farmer be considered paramount in any legislation or regulations directly or indirectly affecting grain transportation rates."

